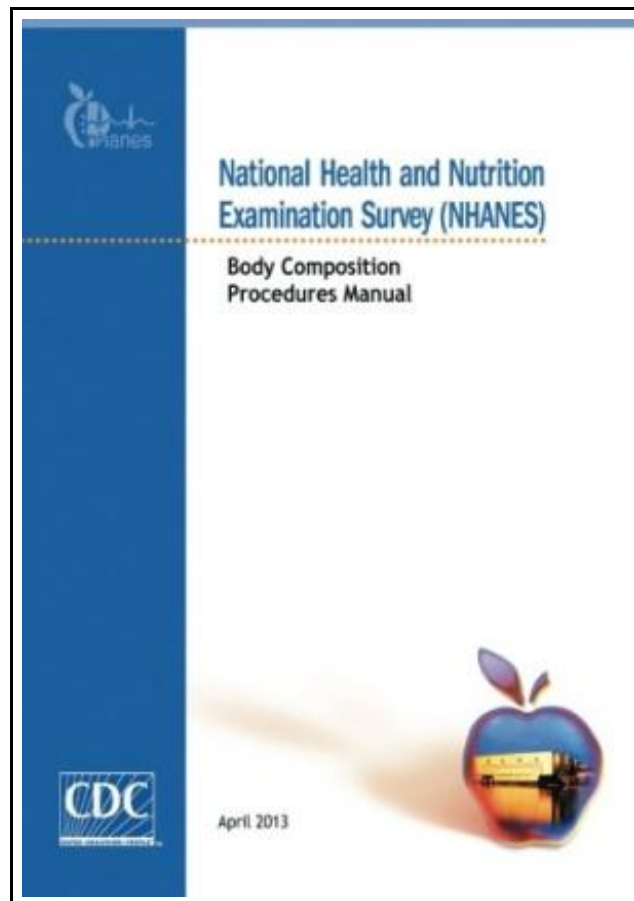


## National Health and Nutrition Examination Survey (Nhanes): Body Composition Procedures Manual



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Createspace, United States, 2014. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Body composition and bone health will be evaluated in the current National Health and Nutrition Examination Survey (NHANES) by anthropometry and dual energy X-ray absorptiometry (DXA) in addition to the femur, anterior-posterior (AP) lumbar spine, and instant vertebral assessment (IVA) AP, and lateral spine scans. These methods will be used to (1) monitor secular trends in overweight prevalence; (2) describe the prevalence of obesity; and (3) examine the relationship between overweight and obesity and other examination measures, including blood pressure, glucose intolerance, and a battery of indicators for cardiovascular disease. Dual energy x-ray absorptiometry (DXA) was included for the first time in the NHANES during NHANES III: 1988-94. Femoral bone mineral density was assessed at that time using pencil-beam bone densitometers (Hologic QDR 1000). In 1999-2006, the DXA component included acquisition of whole body DXA scans using Hologic QDR 4500A fan-beam bone densitometers. Scans of the proximal femur and AP or lumbar spine were collected in 2005-2010. The NHANES dual energy x-ray absorptiometry (DXA) component in 2013 will: (1) continue to acquire whole body scans; (2) add back proximal femur (hip) and anterior/posterior (AP) lumbar spine scans; and (3) introduce instant vertebral assessment (IVA) scans of the lateral spine and AP spine. The whole body scans will provide information on lean mass, fat mass, and percent body fat for participants 8-59 years of age, and the femur and AP lumbar spine scans will provide information on osteoporosis and low bone mass for participants ages 40 years and older. The new IVA lateral and AP spine images also will provide information on vertebral fractures and abdominal aortic calcification for participants ages 40 years and older. The information provided by...



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