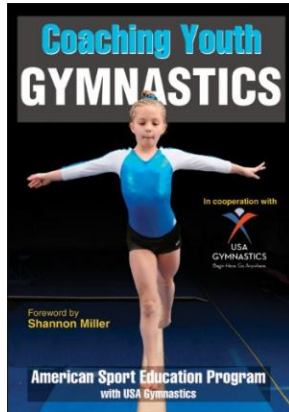


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COACHING YOUTH GYMNASTICS



Human Kinetics Publishers. Paperback. Book Condition: New. Paperback. 272 pages. Dimensions: 9.8in. x 6.8in. x 0.9in. Coaching Youth Gymnastics covers all the basics of coaching and gymnastics in a concise style that is customized for entry-level gymnastics coaches. Developed by ASEP in cooperation with USA Gymnastics, this one-of-a-kind book offers a unique blend of general coaching and sport-specific information. The books 600-plus photos will help you understand skill technique and decide what skills to teach your athletes. Included are Coaching Tips...

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