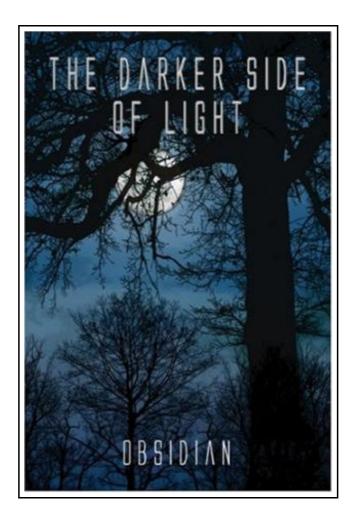
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America Star Books, United States, 2007. Paperback. Book Condition: New. 229 x 152 mm. Language: English. Brand New Book ***** Print on Demand *****. Depression is a fragmenting of the body, mind and soul. My journey through this particular darkness brought many things to the light. To walk this path is to understand death on an intimate level along with pain, fear, and isolation. I was made to feel like a disease with a shameful secret. I do not feel that way today. Lacking the basic understanding of a damaged soul, Western medicine made feeble attempts to acurea me, but never once in the long years of doctors and hospitals did anyone ever attempt to help me heal. Instead, I chose a different path. When I began to release the inner terrors through writing, the fragmented pieces began to draw together. Over time, the tapestry of my life has woven itself into a magnificent masterpiece. May you raise a candle to the darkness and revel in the light.



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