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## Living Intimately: A Guide to Realizing Spiritual Unity in Relationships

By Judith Blackstone

Motilal Banarsidass Publishers Pvt. Ltd., New Delhi, India, 2002. Softcover. Book Condition: New. First Edition. Living Intimately is both a guide for couples wishing to enhance their intimacy with each other, and a profound exploration of the fundamental unity that underlies all life. It describes how we can deepen our connection with ourselves and with other people by attuning to the spiritual essence of our being. The book suggests practical application of Advaita in relationships and claims that spiritual attunement develops our capacity for love, understanding and sexual pleasure as well as it dissolves the projections and psychological defences that obstruct communication. Printed Pages: 160.



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