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## COOKING LIGHT COOK'S ESSENTIAL RECIPE COLLECTION: WEEKNIGHT: 57 ESSENTIAL RECIPES TO EAT SMART, BE FIT, LIVE WELL (THE COOKING LIGHT.COOK'S ESSENTIAL RECIPE COLLECTION)



Oxmoor House, 2007. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Banish 5 oclock guilt forever with the new, wonderful-to-read, wonderful-to-cook Essential Recipe CollectionWeeknight. It features more than 50 Cooking Light kitchen-tested recipes for family-pleasing, health-conscious meals that dont take a lot of advance planning. Easy entres, one-dish dinners, soup and salad, and make-ahead mealstheyre all here, and theyre all incredibly tasty. Just what youd expect from Cooking Light!

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- Authored by Editors of Cooking Light Magazine
- Released at 2007



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